



Kids!
Join us March 4-8
for
National School
Breakfast Week
2024!



ALL STUDENTS EAT ALL MEALS @ NO COST ALL YEAR LONG

PITT COUNTY SCHOOL NUTRITION SERVICES

Monday, March 4

Breakfast

Super Donut
Applesauce Cup

<u>Lunch</u>

Green Eggs & Ham with
Donut
Chicken Drumstick with
Biscuit
Baby Carrots
Deli Roasted Potatoes
Banana

Tuesday, March 5

Breakfast

Turkey Sausage and Cheese Croissant Fresh Apple Lunch

Mandarin Orange Chicken with Chicken Egg Roll Mini Corn Dogs Sweet Potato Souffle Broccoli with Cheese Sauce

Pineapple Tidbits

ch 5 Wednesday, March 6

Breakfast

March 3 is

"Read Across America" Day

Strawberry Parfait Raisins

Lunch

Buffalo Chicken Pasta with
Roll
Bacon or Regular
Cheeseburger
Lettuce & Tomato
French Fries
Green Beans
Fresh Apple

Thursday, March 7

Breakfast

Mini Strawberry Pancakes Cool Tropics Slushie

Lunch

Eastern NC BBQ or Chicken
BBQ on Bun
Cheese Stix
Marinara Sauce
Coleslaw
Baked Beans
Diced Peaches

Friday, March I

Breakfast

Large Blueberry or Chocolate Chip Muffin Diced Pears

Lunch

Assorted Pizza
Chicken Wings with Roll
Sweet Potato Waffle Fries
Broccoli with Cheese Sauce
Fruit Mix

SWEET TOOTH

The Honey Badger of Africa and Asia is really closer to a weasel than a true badger, but one thing about its name is definitely true: the honey badger loves honey and will avidly seek out beehives to get at it. Of course, the honey badger will also eat pretty much anything it finds -- rodents, frogs, snakes, insects, turtles, birds, lizards, eggs, vegetables, and whatever else it comes across. They've even been known to chase away young lions and steal their kills. Guess the honey badger really doesn't care!



ANIMAL APPETITES

Friday, March 8

<u>Breakfast</u>

Mini Strawberry Cream Cheese Bagels Diced Peaches

<u>Lunch</u>

Assorted Pizza
Chicken Parmesan over
Spaghetti
Garden Peas
Sweet Potato Waffle Fries
Fruit Mix

Monday, March II

Breakfast

Mini Cinnis Applesauce Cup

Lunch

Baked Macaroni and Cheese Teriyaki Chicken Dumplings with Chicken Egg Roll Green Beans French Fries Banana

Tuesday, March 12

Breakfast

Chicken Sausage Biscuit Banana

Lunch

Scoopin Beef Tacos with Tortilla Chips and Oueso Chicken Ouesadilla Salsa Street Corn Fiesta Black Beans Fresh Apple

Wednesday, March 13

Breakfast

French Toast Sticks Raisins

Lunch

Grilled Cheese Sandwich Beef Hot Dog on Bun Vegetable Beef Soup **Baked Beans** Fruit Crisp

Thursday, March 14

Breakfast

Strawberry Cream Cheese Mini Bagels

Lunch

Big Daddy's Stuffed Pepperoni Sandwich Turkey and Cheese Anytimers Marinara Sauce Dragon Punch Diced Pears

EARLY RELEASE

Friday, March 15

Breakfast

Turkey Sausage Breakfast Pizza Bagel Diced Pears

Lunch

Stuffed Crust Pepperoni Pizza **Buffalo Fish Dippers** Steamed Broccoli Mandarin Orange Cup

offered

dessert

"No, thanks. I'm stuffed!" Actually, that's not a bad answer for a real kid, too. Foods that are mainly sugar, fat, or oil -- like candy and desserts -- are fine in small portions and once in awhile. But they should not replace healthy foods in your diet and they should not be an every day choice!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, March 18

Breakfast

Banana or Berry Bread **Applesauce Cup**

Lunch

Mozzarella Sticks with Marinara Sauce General Tso's Chicken with **Brown Rice** Steamed Corn Green Beans Banana

Tuesday, March 19

Breakfast

Super Donut Raisins

Lunch

Chicken Filet on Bun Scrambled Eggs with Turkey Sausage and French Toast Sticks Candied Yams **Deli Roasted Potatoes** Fresh Orange

Wednesday, March 20

Breakfast

Mini Strawberry or Maple **Pancakes** Fresh Orange

Lunch

Chicken Filet Wrap Mini Corn Dogs Texas Ranchero Beans **Chopped Romaine Salad** Spiced Apples

Thursday, March 21

Breakfast

Turkey Sausage & Cheese Croissant Craisins

Lunch

Chicken Chunks with Dutch Waffle Smasherburger on Bun California Blend Veggies Mashed Potatoes Frozen Fruit Cup

Friday, March 22

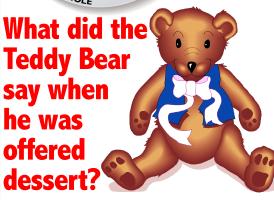
Breakfast

Large Blueberry or Chocolate Chip Muffin **Diced Pears**

Lunch

Assorted Pizza Chicken Wings with Roll Sweet Potato Waffle Fries Broccoli with Cheese Sauce Fruit Mix





Now Appeazing . . .

A FUNIFUNIFUNI PRODUCTION. STARRING YOU AND YOUR FRIENDS. SPECIAL LIMITED ENGAGEMENT

Break begins at the end of classes: Friday, March 22

Classes resume:

Tuesday, April 2

















